



P.O. Box 539
Auburn, MA 01501
www.bluehelp.org

January 3, 2020

In 2019, we saw at least 228 law enforcement officers take their own lives. At Blue H.E.L.P., we are working to raise awareness, prevent suicide and support families in the aftermath. Finding new ways to start the conversation is one of our top priorities, bringing the issue to the forefront is something we believe will change the way people look at emotional health and, will stop the stigma surrounding it.

The Washington State Fraternal Order of Police have literally taken this mission to the streets, they have designed a license plate that will not only start the discussion, they will raise funds for needed training. This endeavor is timely, thoughtful and necessary.

Blue H.E.L.P. stands behind the Washington FOP and their efforts to provide wellness training across the state; we encourage you to do the same. Every plate that is sold has the potential to save a life and spare a family the pain of losing their loved one to suicide. Please sign the online petition at <http://bit.ly/LEOLicensePlate> and join us as we continue to support, and save, the men and women who serve our communities.

Sincerely,

A handwritten signature in black ink that reads 'Karen Solomon'.

Karen Solomon
President/Founder, Blue H.E.L.P.